



**Name of Recipe: Mexican Tostada with Lime Crema**

TCS Process: #2 Same Day Service

Number of Portions: 4

Meal Contribution: 1 WGR Grain, 2 M/MA, ¼ cup dark green vegetable

Alternate Menu Name:

Group Code: Entrees

Portion Size: 2 Each

Ingredients	Measure	Instruction
Tortillas, corn, whole grain	8 each	<b>Step A:</b> 1. Preheat oven to 400° F. 2. Place corn tortillas on pan in a single layer (do not overlap). Spray both sides of tortillas with pan release. Bake for 8-10 minutes. Edges of the tortillas will begin to brown and should become crispy.
Pan release spray		
Lettuce, romaine	2 cups, shredded	
Tomatoes	½ cup, diced	
Cilantro	2 tsp, chopped	<b>Step B:</b> 3. Shred lettuce. Cut romaine head in half lengthwise through root end of lettuce. Rinse both halves thoroughly. Make 1 lengthwise cut leaving each root half intact, then cut across to make ¼" strips. 4. Rinse cut romaine under running water and drain well. <b>CCP: Hold and serve at 41°F or lower.</b>
Beans, refried, fat-free, canned, low sodium	1 can (16 oz)	
Salsa, low sodium	¼ cup	
Cumin	½ tsp	
Chili powder	¼ tsp	<b>Step C:</b> 5. Rinse tomatoes and cilantro under running water. Dry well. 6. Remove tomato core, and dice into ½" pieces. 7. Chop cilantro. <b>CCP: Hold and serve at 41°F or lower.</b>
Sour cream, reduced fat	¼ cup	
Lime juice, bottled or fresh	2 tsp	
Chili powder	¼ tsp	<b>Step D:</b> 8. Combine refried beans, salsa, cumin, and chili powder in a medium saucepan; stir to combine. Place over medium heat, stirring occasionally. <b>CCP: Heat to 135°F or higher.</b> <b>CCP: Hold for hot service at 135°F or higher.</b>
Paprika	1/8 tsp	
Salt	1/16 tsp	

Cheese, mozzarella, shredded	1 oz	<p><b>Step E:</b>            9. Prepare lime crema. Combine sour cream, lime juice, chili powder, paprika, and salt in a small mixing bowl; stir to combine.  <b>CCP: Hold and serve at 41°F or lower.</b></p>
Cheese, cheddar, shredded	1 oz	
		<p><b>Step F:</b>            10. Combine mozzarella and cheddar cheese in a mixing bowl; toss to combine.</p> <p><b>Step G:</b>            11. Assemble tostadas. Place toppings on each tostada as follows:</p> <ul style="list-style-type: none"> <li>• ¼ cup beans</li> <li>• .25 oz cheese blend</li> <li>• ¼ cup shredded lettuce</li> <li>• 1 tablespoon diced tomatoes</li> <li>• ¼ tsp chopped cilantro</li> <li>• ½ Tbsp lime crema</li> </ul>