



Name of Recipe: Banana Berry Smoothie

TCS Process: #1 No Cook

Number of Portions: 4

Meal Contribution: 1 WGR Grain, 1 M/MA, ½ cup fruit

Alternate Menu Name:

Group Code: Entrees, Breakfast

Portion Size: Each

Ingredients	Measure	Instruction
Bananas, fresh	4 each or 2 cups	<p>Step A:</p> <ol style="list-style-type: none"> 1. Peel and freeze ripe bananas. Note: Bananas can be sliced and frozen on a sheet pan before placing in a freezer bag if blender is not powerful enough to puree a whole frozen banana. <p>Step B:</p> <ol style="list-style-type: none"> 2. Place frozen bananas, frozen strawberries, and yogurt in a blender. Puree until smooth. <p>Step C:</p> <ol style="list-style-type: none"> 3. Using an 8 ounce spoodle, portion 1 cup smoothie mixture into a serving bowl. Using a #16 scoop, top with 1 ounce granola. Garnish with fresh fruit if desired. <p>CCP: Hold and serve at 41°F or lower.</p>
Strawberries, whole, frozen, no sugar added	2 cups	
Yogurt, Greek, plain	2 cups	
Granola, school made	4 oz	